DRILL A: Align by restating the patient’s values as you heard them

| ALIGN | |
| --- | --- |
| Patient Clipart Patient | Clinician Clipart  Clinican |
| I’m really sick of coming into the hospital all the time, and I know this isn’t going to get any better, but I get really scared when my breathing gets worse. | I’m sure that’s scary.  So, what I hear you saying is that you’re tired of coming to the hospital, and you need to deal with your shortness of breath at home. |
| Exactly… |  |

| ALIGN (Improvise - Simple) | |
| --- | --- |
| Patient Clipart  Patient | Clinician Clipart  Clinican |
| I don’t want to be in pain anymore. And I want to stay at home, spending time with my family. | *(Improvise by aligning with what you heard)* |

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DRILL A, continued

| ALIGN (Improvise - More Complex) | |
| --- | --- |
| Patient Clipart  Patient | Clinician Clipart  Clinican |
| I’m scared. I want to live, and I’m worried that I’m not getting better. But I don’t want to prolong anything if it just means being stuck on machines or dependent on my kids. And I don’t want my kids to have to deal with any of these decisions. | *(Improvise by aligning with what you heard)* |

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DRILL B: Recommend plan based on patient’s values

| PLAN | |
| --- | --- |
| Clinician Clipart  Clinican | Patient Clipart  Patient |
| Based on what you’re saying, it sounds like we should focus more on your symptoms and keeping you home and out of the hospital. | Yes, that’s what I want. |
| Managing flare-ups of your chest pain at home instead of in the hospital would help us do that. How does that sound? | That would be a lot better. |

| PLAN | |
| --- | --- |
| Clinician Clipart  Clinican | Patient Clipart  Patient |
| Based on what you’ve told me, if you get a lot sicker, it wouldn’t make sense to put you on a ventilator, or if your heart stops, to do CPR. I worry that if that happens, it’s likely you wouldn’t get off the machines, and even if you did, you would be a lot more dependent. That’s what you said you wanted to avoid. | You’re right. I wouldn’t want to go through all that. |

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