Overview

This series teaches participants to conduct goals of care conversations using the REMAP talking map. This module, Part 1 of the series, teaches participants skills to assess understanding of illness and respond to patients' emotions.

Learning Objective

• Demonstrate communication skills required to assess the patient’s understanding of their illness and prognosis.

Prepare

• Prepare an introduction: a personal story or anecdote to illustrate your experience with a goals of care conversation. when reframing helped the patient understand their condition
• Check all audio/visual functionality beforehand to assure smooth delivery.
• Rehearse timing: allocate time to each section. Have a clock visible during the session to track time.
• Prepare questions to reinforce the learning concepts and encourage sharing of ideas. Note the placement of questions in your run-through.
• Set goals for effective facilitation for yourself. Identify the skills you want to incorporate into your delivery. Ask a colleague to watch for your techniques, and get feedback afterwards.
• Allow time for reflection/discussion of the actions each participant will take as a result of their learning experience.

Evaluation

• At the close of each session, self-critique your delivery. Did you accomplish your facilitation goals?
• Review participant evaluations and identify areas that you will address in future sessions.