

# Goals of Care Conversations Train-the-Trainer Program Materials and Resources

---



## Goals of Care Conversations Training Materials

All course materials for this program are available for downloading at the following websites:

[vaww.ethics.va.gov/goalsofcaretraining.asp](http://vaww.ethics.va.gov/goalsofcaretraining.asp)

VA Intranet site; available to VA employees through the VA network.

[www.ethics.va.gov/goalsofcaretraining.asp](http://www.ethics.va.gov/goalsofcaretraining.asp)

Internet site; available to the public. Does not include a list of other VA Goals of Care trainers or information about distance learning teleconferences.

Materials are available for use by the public. Feel free to share the internet link with colleagues outside of VA who are interested in training others in conducting goals of care conversations.

## VA Life-Sustaining Treatment Decisions Initiative

The VA Life-Sustaining Treatment Decisions Initiative (LSTDI) supports patient-centered care for seriously ill patients by promoting new practices for eliciting, documenting, and honoring patients' values, goals, and preferences. A wide range of tools and resources to support implementation of new practices are available on the LSTDI web pages.

LSTDI Overview: [vaww.ethics.va.gov/LST.asp](http://vaww.ethics.va.gov/LST.asp)

LSTDI Implementation Resources for Health Care Facilities Implementing New Practices:  
[vaww.ethics.va.gov/LST/ImplementationResources.asp](http://vaww.ethics.va.gov/LST/ImplementationResources.asp)

LSTDI Resources for Clinical Staff Caring for High-Risk Patients:  
[vaww.ethics.va.gov/LST/ClinicalStaffResources.asp](http://vaww.ethics.va.gov/LST/ClinicalStaffResources.asp)

LSTDI Resources for Clinical Applications Coordinators Installing CPRS LST Tools:  
[vaww.ethics.va.gov/LST/CACHISResources.asp](http://vaww.ethics.va.gov/LST/CACHISResources.asp)

These resources are available to the public through LSTDI internet pages [exception: Resources for Clinical Applications Coordinators]. To go to the LSTDI internet pages, replace vaww with www in the URLs above.

## **VitalTALK Resources**

VitalTALK is a nonprofit with the mission of nurturing healthier communications between patients and clinicians, specializing in advanced communication skills courses for discussing serious illness and goals of care. You can find a number of resources related to improving communication skills around these issues, including materials useful for training others and an app to help clinicians improve their communication skills, at the VitalTALK website.

[www.vitaltalk.org](http://www.vitaltalk.org)

## **EPEC - Education in Palliative and End of Life Care**

### **EPEC for Veterans**

The EPEC curriculum is a comprehensive, consensus-based, and end-user friendly set of materials that can be used to educate all health care professionals in the essential clinical competencies of palliative care, including those related to conducting goals of care conversations. The EPEC for Veterans program is a comprehensive adaptation of the EPEC Curriculum, with content addressing the specific needs of Veterans and their families.

[http://epec.net/epec\\_veterans.php](http://epec.net/epec_veterans.php)

## **Fast Facts**

Fast Facts provides concise, practical, peer-reviewed and evidence-based summaries on key palliative care topics important to clinicians and trainees caring for patients facing serious illness. Topics addressed include those related to communicating with patients and families around issues of serious illness. Fast Facts were originally produced by the End-of-Life Physician Education Resource Center (EPEC) at the Medical College of Wisconsin and are now available through the Palliative Care Network of Wisconsin.

<http://www.mypcnow.org/fast-facts>

## **ePrognosis**

ePrognosis provides evidence-based information on older patients' prognosis. The information on ePrognosis is intended as a rough guide to inform clinicians about possible mortality outcomes. It is not intended to be the only basis for making care decisions, nor is it intended to be a definitive means of prognostication, as many factors beyond those used in the indices may influence prognosis. ePrognosis was created with the support of the Division of Geriatrics at the University of California San Francisco.

<http://eprognosis.ucsf.edu/default.php>