When faced with difficult decisions about health care, Veterans and families often wonder, “What should I do?” or “What should be done for my loved one?”

The best choice for one patient may be wrong for another.

*Dialed In*, a podcast series from [VA National Center for Ethics in Health Care](http://www.ethics.va.gov/dialedin.asp), is designed to help Veterans and their loved ones as they face difficult ethical decisions about health care.

To play or download a podcast, go to the *Dialed In* home page (http://www.ethics.va.gov/dialedin.asp).

For more information, contact: vhaethics@va.gov

*Dialed In* podcasts include:

  Why it’s a good idea to fill out an advance directive, and what you might want to think about - and who to talk with - before you do.

- **Choosing A Health Care Agent (5:36)**
  What makes a good health care agent (HCA), some questions to ask your prospective HCA, and what happens if you are unable to make health care decisions but haven’t named an HCA.

- **I’ve Been Chosen as A Health Care Agent – Now What? (4:50)**
  How to fulfill the role of health care agent, and the decisions you might have to make.

- **Informed Consent Empowers Veterans (4:47)**
  How to get the most out of an informed consent discussion with your health care provider, and some questions you might want to ask.

- **Setting Health Care Goals When You’re Seriously Ill (5:56)**
  How to make sure you get the health care that’s right for you when you are dealing with a serious health problem.