When faced with difficult decisions about health care, Veterans and families often wonder, “What should I do?” or “What should be done for my loved one?” The best choice for one patient may be wrong for another.

*Dialed In*, a podcast series from VA National Center for Ethics in Health Care, is designed to help Veterans and their loved ones as they face difficult ethical decisions about health care.

To play or download a podcast, go to the *Dialed In* homepage (http://www.ethics.va.gov/dialedin.asp).

For more information, contact: vhaethics@va.gov

*Dialed In* podcasts include:

  Why it's a good idea to fill out an advance directive, and what you might want to think about - and who to talk with - before you do.

- **Choosing A Health Care Agent (5:36)**
  What makes a good health care agent (HCA), some questions to ask your prospective HCA, and what happens if you are unable to make health care decisions but haven’t named an HCA.

- **I've Been Chosen as A Health Care Agent – Now What? (4:50)**
  How to fulfill the role of health care agent, and the decisions you might have to make.

- **Informed Consent Empowers Veterans (4:47)**
  How to get the most out of an informed consent discussion with your health care provider, and some questions you might want to ask.

- **Setting Health Care Goals When You’re Seriously Ill (5:56)**
  How to make sure you get the health care that’s right for you when you are dealing with a serious health problem.