Dialed In: Helping Veterans Take Control of Their Health Care

Dialed In podcasts include:

Why it's a good idea to fill out an advance directive, and what you might want to think about - and who to talk with - before you do

**Choosing A Health Care Agent (5:36)**
What makes a good health care agent (HCA), some questions to ask your prospective HCA, and what happens if you are unable to make health care decisions but haven’t named an HCA

**I’ve Been Chosen as A Health Care Agent – Now What? (4:50)**
How to fulfill the role of health care agent, and the decisions you might have to make

**Informed Consent Empowers Veterans (4:47)**
How to get the most out of an informed consent discussion with your health care provider, and some questions you might want to ask

**Setting Health Care Goals When You’re Seriously Ill (5:56)**
How to make sure you get the health care that's right for you when you are dealing with a serious health problem.

When faced with difficult decisions about health care, Veterans and their families often wonder, “What should I do?” or “What should be done for my loved one?” The best choice for one patient may be wrong for another.

**Dialed In**, a podcast series from **VA National Center for Ethics in Health Care**, is designed to help Veterans and their loved ones as they face difficult ethical decisions about health care.

Each **Dialed In** podcast:
- Features a Veteran narrator
- Includes a clear, straightforward discussion with VA physicians and other health care professionals
- Can be streamed or downloaded to a computer or mobile device
- Is short, targeted and easily accessible

Refer your patients and their loved ones to the podcasts that will benefit them most, depending on their circumstances.

Vist the **Dialed In home page** (outside the VA firewall) at [http://www.ethics.va.gov/dialedin.asp](http://www.ethics.va.gov/dialedin.asp).

We also encourage you to:
- Print the **Dialed In User Guide for Veterans** located on the **Dialed In home page** and give it to your patients and their loved ones
- Request that a link to the **Dialed In** home page be added to your public-facing facility website
- Include a **Dialed In** link in patient brochures and handouts