

# Goals of Care Conversations

## Resources

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### Goals of Care Conversations Training Program

The [Goals of Care Conversations Training Program](#) is designed to help clinicians build communication skills related to delivering serious news and conducting goals of care conversations. The program consists of a series of four modules led by a facilitator and includes interactive drills to help participants practice and refine their skills. The Goals of Care Conversations Training Program has been developed by the Department of Veterans Affairs through a contract with VitalTalk, and all materials are available for public use.

### VitalTALK

VitalTALK is a nonprofit with the mission of nurturing healthier communications between patients and clinicians, specializing in advanced communication skills courses for discussing serious illness and goals of care. You can find a number of resources related to improving communication skills around these issues, including materials useful for training others, at the [VitalTALK website](#).

### EPEC - Education in Palliative and End of Life Care

#### EPEC for Veterans

The EPEC curriculum is a comprehensive, consensus-based, and end-user friendly set of materials that can be used to educate all health care professionals in the essential clinical competencies of palliative care, including those related to conducting goals of care conversations. The [EPEC for Veterans program](#) is a comprehensive adaptation of the EPEC Curriculum, with content addressing the specific needs of Veterans and their families.

### Fast Facts

Fast Facts provides concise, practical, peer-reviewed and evidence-based summaries on key palliative care topics important to clinicians and trainees caring for patients facing serious illness. Topics addressed include those related to communicating with patients and families around issues of serious illness. Fast Facts are available to search and print from the [PCNOW Fast Fact Resource Center](#).

## ePrognosis

[ePrognosis](#) provides evidence-based information about older patients' prognosis. The information on ePrognosis is intended as a rough guide to inform clinicians about possible mortality outcomes. It is not intended to be the only basis for making care decisions, nor is it intended to be a definitive means of prognostication, as many factors beyond those used in the indices may influence prognosis. ePrognosis was created with the support of the Division of Geriatrics at the University of California San Francisco.