

Dialed In: Helping Veterans Take Control of Their Health Care

When faced with difficult decisions about health care, Veterans and families often wonder, “What should I do?” or “What should be done for my loved one?”



The best choice for one patient may be wrong for another.



Dialed In, a podcast series from [VA National Center for Ethics in Health Care](#), is designed to help Veterans and their loved ones as they face difficult ethical decisions about health care.

To play or download a podcast, go to the [Dialed In home page](#) (<http://www.ethics.va.gov/dialedin.asp>).

For more information, contact:
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Dialed In podcasts include:

[What's An Advance Directive, and Why Should I Complete One? \(6:35\)](#)

Why it's a good idea to fill out an advance directive, and what you might want to think about - and who to talk with - before you do

[Choosing A Health Care Agent \(5:36\)](#)

What makes a good health care agent (HCA), some questions to ask your prospective HCA, and what happens if you are unable to make health care decisions but haven't named an HCA

[I've Been Chosen as A Health Care Agent – Now What? \(4:50\)](#)

How to fulfill the role of health care agent, and the decisions you might have to make

[Informed Consent Empowers Veterans \(4:47\)](#)

How to get the most out of an informed consent discussion with your health care provider, and some questions you might want to ask

[Setting Health Care Goals When You're Seriously Ill \(5:56\)](#)

How to make sure you get the health care that's right for you when you are dealing with a serious health problem.



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