

Dialed In: Helping Veterans Take Control of Their Health Care

***Dialed In* podcasts include:**

[What's An Advance Directive, and Why Should I Complete One? \(6:35\)](#)

Why it's a good idea to fill out an advance directive, and what you might want to think about - and who to talk with - before you do

[Choosing A Health Care Agent \(5:36\)](#)

What makes a good health care agent (HCA), some questions to ask your prospective HCA, and what happens if you are unable to make health care decisions but haven't named an HCA

[I've Been Chosen as A Health Care Agent – Now What? \(4:50\)](#)

How to fulfill the role of health care agent, and the decisions you might have to make

[Informed Consent Empowers Veterans \(4:47\)](#)

How to get the most out of an informed consent discussion with your health care provider, and some questions you might want to ask

[Setting Health Care Goals When You're Seriously Ill \(5:56\)](#)

How to make sure you get the health care that's right for you when you are dealing with a serious health problem.

For more information, contact VA National Center for Ethics in Health Care: vhaethics@va.gov



U.S. Department of Veterans Affairs
Veterans Health Administration
National Center for Ethics in Health Care

When faced with difficult decisions about health care, Veterans and their families often wonder, "What should I do?" or "What should be done for my loved one?" The best choice for one patient may be wrong for another.



Dialed In, a podcast series from [VA National Center for Ethics in Health Care](#), is designed to help Veterans and their loved ones as they face difficult ethical decisions about health care.

Each *Dialed In* podcast:

- Features a Veteran narrator
- Includes a clear, straightforward discussion with VA physicians and other health care professionals
- Can be streamed or downloaded to a computer or mobile device
- Is short, targeted and easily accessible

Refer your patients and their loved ones to the podcasts that will benefit them most, depending on their circumstances.

Visit the [Dialed In home page](#) (outside the VA firewall) at <http://www.ethics.va.gov/dialedin.asp>.

We also encourage you to:

- Print the [Dialed In User Guide for Veterans](#) located on the [Dialed In home page](#) and give it to your patients and their loved ones
- Request that a link to the *Dialed In* home page be added to your public-facing facility website
- Include a *Dialed In* link in patient brochures and handouts