

Overview

Once you have helped the patient identify values, you can confirm what's important and form a plan that honors their wishes. Offer clarification and ask permission to make recommendations along the way.

Objectives

- Repeat the patient's words to make sure you're hearing correctly
- Confirm that the patient feels understood
- Recommend a treatment plan to match patient goals

Prepare

- Prepare an introduction: a personal story or anecdote to illustrate your experience with forming a plan with a patient.
- Bridge the previous session: Ask for show of hands: did anyone try the techniques learned in the last session? Ask one of two to briefly describe their experience.
- Check all audio/visual functionality beforehand.
- Rehearse timing: allocate time to each section. Have a clock visible during the session to track time.
- Prepare questions that reinforce learning concepts to encourage sharing of ideas. Note the placement of questions in your run through.
- Set goals for effective facilitation for yourself. Identify the skills you want to incorporate into your delivery. Ask a colleague to watch for your techniques and get feedback afterwards.
- Plan to record a segment for upload into Smarter Cookie.
- Allow time for reflection/discussion of the actions each participant will take as a result of their learning experience.

Evaluation

At the close of each session, self-critique your delivery. Did you accomplish your goals of effective facilitation that you identified beforehand?

Review participant evaluations and identify areas that you will address in future sessions.

Materials

- PC prepared with slides & videos
- White board or flip chart & markers
- Drill cards

Notes

